

Community News

Leaders for Education scheme - I am proud to support Karori Normal School under the Leaders for Education scheme. If you or someone you know is thinking of selling your home, arrange for a free, no obligation appraisal from Martin Binks. If you sell your home with me I will make a donation of \$250 to the school. This is only available from Martin Binks at Ray White in Karori. I can be reached by e-mail at martin.binks@raywhite.com, and Ph: 022 066 3170 or 04 212 3170. Martin Binks, Licensed Real Estate Salesperson, REAA 2008, Ray White Karori.



Jacquie Harper, degree qualified **Nutritionist** based on Campbell Street, Karori. Jacquie offers one-on-one consultations for all family members but particularly helping with digestive complaints, food allergies/sensitivities, building up the immune system, sports and childhood nutrition. Please see livingcure.co.nz for more information or contact Jacquie on 021 414641, email jacquie@livingcure.co.nz.

KELLY SPORTS TERM 3 – Starts in Week 2!

Kelly Sports will be back in Term 3 with their fun and exciting classes. Kelly Sports encourages children to have fun, build confidence and to give sport a go. We believe that sport and physical activity has so much to offer young people; it improves fitness, develops communication skills, team work and gives them a place to channel their energy.

Play Like a Sports Hero! (Yrs 1-2) – Monday's 3.05pm-4.05pm. Your child will learn the fundamentals of all sports – throwing, running, jumping, striking, balance and many more. We includes fun games & drills to build these skills.

Play Like a Sports Hero! (Yrs 2-4) – Monday's 3.05pm-4.05pm - Come and try **Football, Hockey, Basketball and Turbo Touch (2 weeks of each sport!)**. It's a great way to try new sports, learn new skills and improve ability. We use games & drills to teach game sense and team play.

For full details and to enrol into our programmes visit www.kellysports.co.nz email adminwgtn@kellysports.co.nz or call 04 972 7201

Lunchtime French Term 3 2019 - Learn a new language the FUN way!

Lunchtime French classes are held every Thursday lunchtime. Games, songs, drama and stories are taught in a relaxed and friendly atmosphere with the emphasis being on FUN! Language resources available to support parents at home. Free trial lessons are available.

The first French class for Term 3 will start on Thursday 8 August (week 3 of Term 3).

Other after-school French classes are also available at various locations around Wellington.

Contact: Annick on 021 462 042 or email annick@lcfclubs.co.nz or visit www.lcfclubs.co.nz for more information.

Blended Family Success

Discover how to help children in your step family adjust and create a united, supportive home life. **Overcome common challenges and learn practical strategies that really work.** Live happily ever after in your stepfamily! ONE NIGHT ONLY. You must register to secure your place.

When: Tuesday 17th September, 7pm – 9pm, **Venue:** 21 Hania Street, Wellington Central

For more information go to: www.blendedfamilysuccess.nz/events email: adele@stepfamilyhelp.info

The Karori Normal School Hall on Wednesday nights at 7.45pm is where sleep deprived and frazzled wahine who've just made dinner/put kids to bed/put rubbish out turn into body rolling, crotch grabbing, booty shaking hot mummies.

Shut Up & Dance is a fun, relaxed dance-fitness class where there's NO MIRRORS! (Hooray!) You'll come away having learnt a routine inspired by a film, musical or music video. From Beyoncé to Bruno Mars to Napoleon Dynamite to the Bee Gees - we are about how good it feels to dance, not how it looks.

Intro offer - 2 x for \$25 or come along casually for \$20 a class. For more info, visit www.shutupanddance.co or check us out on Facebook or Instagram @shutupanddancenz

A Marsden education for your daughter in Year 9, 2020

Key dates for enrolment at Marsden School in 2020:

Open Mornings (tour the school, ask questions and find out about Marsden's Visible Wellbeing approach and their programmes): 16 August 2019, 25 October 2019, 8.45am-12pm.

Personal tours/a day in class for your daughter: at a time that suits you, please call Enrolment Registrar Sonia Stinson on 476 8707 to organise.

Enrolment for 2020 – places are filling now, apply to enrol at marsden.school.nz

Calling students of all ages! Have-a-go at BMX racing this summer in Capital BMX in Karori.

Our student BMX training and racing program at Karori's local BMX track, Ian Galloway Park, is set to get underway.

- Hire a BMX, race helmet and gloves for just \$5 - (3 sessions only*) – just wear a long sleeve shirt and long pants with shoes
- Join the novice training on Sunday club days – 9.30am to 10.15am weather permitting
- Following 3 have-a-go sessions, Club membership and a BMXNZ licence is mandatory to continue attending Capital BMX club days and training sessions. See our Facebook page for track and training updates, and book your 3 sessions at info@capitalbmx.co.nz.




Purchase a cupcake from 2 Cooper St. Monday 5th August. \$3 each. Selling from 2.50pm. All proceeds will go to the SPCA.

EVERYONE IS WELCOME
2nd INTER-FAITH EVENT:
Islamic Faith

An opportunity to understand beliefs, values, traditions and culture of our Muslim Neighbours

Sunday 4 August
 Time: 3-5pm
 Venue: Karori Community Centre, 7 Beauchamp Street

Third Interfaith Event: Sunday 25 August

RSVP essential
manager@karoricomunitycentre.org.nz
 04 476 4968
 Kay Webster




SEND US YOUR NOMINATIONS BEFORE 23 AUGUST

KARORI YOUTH AWARDS

KARORI WEST NORMAL SCHOOL HALL

10 SEPTEMBER, 7PM

FOR MORE INFORMATION:
youth@karoricomunitycentre.org.nz



Finding work in New Zealand
 Free Information Session

Migrant Connect

Gain tips about New Zealand style CVs and the Wellington job market
 Presented by the Skilled Newcomers Programme and Work Connect

TOPICS: Information about services available to help migrants to find work in Wellington

WHEN: 5.30 – 7.00pm on Thursday 15 August 2019

WHERE: The Hall, St Johns in the City
 170 Willis St

CONTACT: For more information please phone Wellington Central CAB at 04 472 2466 or email at welcab@cab.org.nz

Wellington Citizens Advice Bureau offers free, face to face support to migrants.
welcab@cab.org.nz

0800 FOR CAB (0800 367 222)
www.cab.org.nz

Funded by Immigration New Zealand



FIRE EMERGENCY




FREE HOME FIRE SAFETY VISITS

Fire and Emergency New Zealand offers free visits to help people make their homes fire safe for them and their families.

We are pleased to provide free information, can help install and test smoke alarms, or provide a free smoke alarm to those who are eligible.

Please let your networks know about this service.

For more information or to book a free visit, contact your local fire station or email:
FENZwellington@fireandemergency.nz

WWW.FIREANDEMERGENCY.NZ