

# KARORI NORMAL SCHOOL

## NEWSLETTER

Donald Street, Karori

Newsletter No. 14 – Term 2  
20<sup>th</sup> May 2020 – Week 6



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### 2020 Term Dates

Term 2 Monday 15 Apr – Friday 3 Jul  
Term 3 Monday 20 Jul – Friday 25 Sept  
Term 4 Monday 12 Oct – Wednesday 16 Dec

### 2020 TEAMS

**Rōpū Kōwhai – Y1** (Team Leader Lisa Hadfield)  
Rooms 6, 9, 10, 12 & 13

**Rōpū Mānuka – Y2** (Team Leader – Pam Carr)  
Rooms 14, 15, 16 & 17

**Rōpū Pōhutukawa – Y3** (Team Leader Phil McIntosh)  
Rooms 1, 2, 4 & 5

**Rōpū Akakura – Y4** (Team Leader Fiona Campbell)  
Rooms 22, 23 & 23A

**Rōpū Kahikatea – Y5/6** (Team Leader David Wong & Anne-Marie Richardson)  
Rooms 18, 19, 20, 21, 33, 34 & 35

**Rōpū Totara – Y7/8** (Team Leader Trish Blacktop & Laura Brennan)  
Rooms 24, 25, 26, 27, 28 & 29

### Important Dates

**Jun 1** Queen's Birthday  
**Jul 3** End of Term 2

Any additional or altered dates will be highlighted in yellow each week

### Welcome

Welcome to the following new pupils: Juliette Murdoch, Thomas Kelly, Arabella Badenhorst, Madison Badenhorst, Paige Badenhorst, Emily Stockman, Beau Atkin, Imogen Stapleton, Finn Waldron, Genevieve Munro, Toby Allen, Jamie Moore-Jones and Denis Barta.

### From the Principal

Kia ora tātou

Our first week back at Alert Level 2 has gone very smoothly so far, the children have settled quickly and they are very happy to be back at KNS. I am aware that we have been sending you a 'mountain' of emails recently. I am very grateful for the time you have taken to read these carefully, to ensure that you and your children had a clear understanding of the range of changes and expectations. Thank you also for the calm way that you have responded, it is obvious that your children appreciate that the school and the parent/caregiver community are working closely together.

A huge thank you also to our two Deputy Principals, Andrea Peetz and James Appleton. Andrea and James have been central to the planning and coordination of our response, as we have moved between Alert Levels. They have put in many additional hours and their thoughtful, people focussed approach has been crucial, as we continue to work through the challenges presented by COVID 19. I have been in education for a long time and I can't think of two colleagues I would have rather have had working with me at this time.

If you need any support or have any questions, please contact one of the Senior Leadership Team (SLT):

- Conrad Kelly [ckelly@kns.school.nz](mailto:ckelly@kns.school.nz)
- Andrea Peetz [apeetz@kns.school.nz](mailto:apeetz@kns.school.nz)
- James Appleton [jappleton@kns.school.nz](mailto:jappleton@kns.school.nz)

### Whakataukī o te wiki (Proverb of the Week)

- **He manga wai koia kia kore e whitikia** – It is a big river that cannot be crossed

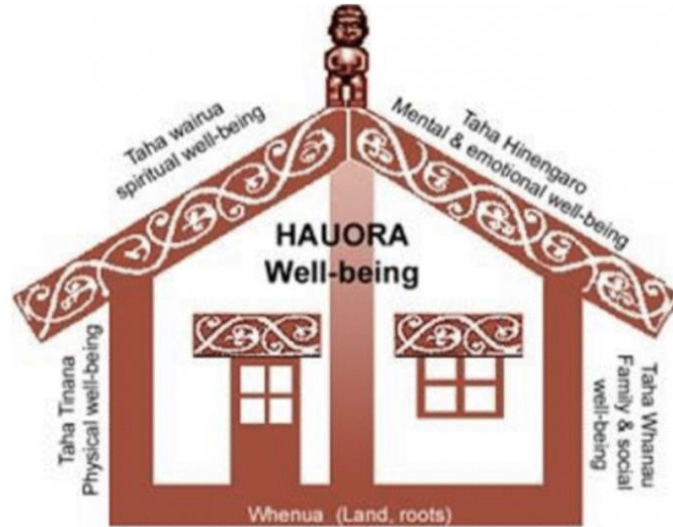
This whakataukī promotes the concept that difficulties can be surmounted.

### A thought to share with your children:

- I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear. (Nelson Mandela)

Ngā Mihi  
Conrad Kelly  
Principal

# Hauora (Wellbeing)



We will be sharing regular resources to support our school community with strategies and tips for working through transitioning back to school, work and life at level 2. Our focus across the school is to ensure our staff and children are safe, well and cared for in our school environment.

We are grateful for:

- Parents / caregivers following our new processes and being kind.
- Children coming into school in a calm manner.
- Children who are able to walk into school independently and wave to parents at the gate.
- Welcoming and farewelling children and parents each day.
- The stunning weather and smiling faces of the children.

Here are two short videos that we have found very useful for coping with worry and anxiety for both children and adults. Dr Hiran Thabrew is a child and adolescent psychiatrist and paediatrician at Starship Children's Hospital. He has some very good messages that may help to support everyone in the return to school.

This video talks about 5 ways to support your child's mental health through COVID-19.

<https://youtu.be/zVpXMwAmD8s>

This video gives 10 helpful tips for adults to support mental health through COVID - 19.

<https://www.youtube.com/watch?v=sPpxyVYYd2Q&feature=youtu.be>

If you would like any further supports or resources and strategies to help your family and whānau please get in touch with Andrea [apeetz@kns.school.nz](mailto:apeetz@kns.school.nz) or James [jappleton@kns.school.nz](mailto:jappleton@kns.school.nz)

## School News

### School Open Morning - POSTPONED

We had planned to have an Open Morning next Tuesday the 26th of May. Due to Covid19 and the level 2 restrictions we have decided to postpone this. It is likely that our future Open Morning will look a little different in the short term, but we will keep you updated as soon as we know more.

In the meantime stay safe, well and happy and we will see you soon.

If you have any questions, please contact Lisa [lhadfield@kns.school.nz](mailto:lhadfield@kns.school.nz) or James [jappleton@kns.school.nz](mailto:jappleton@kns.school.nz)

## School Road Patrols

Each week we will publish the names of the two children who will be on road patrol duties for the week. Please check and ensure you know when you are on duty. This is very important. Any queries contact Andrea Peetz – [apeetz@kns.school.nz](mailto:apeetz@kns.school.nz).

**No Patrols This Week**

## Sports News

### SCHOOL WIDE EVENTS

We are currently in the midst of planning how our usual School wide events (e.g. Cross Country and Athletics) can logistically work post lock down with the imposed current restrictions. The health and safety of all students and teachers is paramount so any decisions made about these events will not compromise this.

Please keep an eye out for further information in the coming weeks.

### AIMS

The AIMS Games Trust have informed us they will look to make a definitive decision on whether or not the 2020 Anchor AIMS Games will go ahead by the end of May. There is a lot of information they need to consider not least the financial cost, the large pool of Students that would be involved and whether this would be feasible, the extension of the season for some sporting codes etc. They are aware of the need for timely, decisive information in the lead up to the Anchor AIMS Games to do things like raise funds, book travel and accommodation, coordinate activations, gather registration information and formulate draws and will be using all available information to make an informed decision.

If you have any questions in the meantime please contact [sports@kns.school.nz](mailto:sports@kns.school.nz)

### SWIMMING

The swimming centres are now open and sessions will begin as soon as these facilities have set up to manage groups. Keep an eye out for details on this in the next wee while.

If you have any questions or concerns relating to sports please email [sports@kns.school.nz](mailto:sports@kns.school.nz)

## PTA News



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is when I save up to \$60 off dining

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- ★ Use Promo Code: NZGIFTME at check out PLUS up to 3 months extra membership

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Enter Promo Code: NZGIFTME at check out\*

Get up to 3 months extra Membership on Single City & Multi City\*

15 months Membership when you buy in March\*

\*Terms & Conditions Apply

**BUY NOW.**

## 20% from every Membership sold goes to our fundraiser!

<p>Single City</p> <p><b>\$69<sup>99</sup></b></p> <p>1 Year</p> <p>Discover all the best savings in your city</p> <p><b>\$14</b> to your fundraiser</p>	<p>Multi City</p> <p><b>\$119<sup>99</sup></b></p> <p>1 Year <b>MOST POPULAR</b></p> <p>Enjoy savings across all of Australia, New Zealand and Bali</p> <p><b>\$24</b> to your fundraiser</p>	<p>Multi Plus</p> <p><b>\$229<sup>99</sup></b></p> <p>2 Years <b>BEST VALUE</b></p> <p>2 years of savings across Australia, New Zealand and Bali</p> <p><b>\$46</b> to your fundraiser</p>
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<p>up to \$40 value</p> <p>WELLINGTON Two Grey 2-for-1 main course</p> <p><b>TWO GREY</b> BAR &amp; BRASSERIE</p>	<p>up to \$30 value</p> <p>WELLINGTON Husk 25% off up to \$30 value</p> <p><b>HUSK</b></p>	<p>up to \$30 value</p> <p>WELLINGTON Flamingo Joes 25% off up to \$30 value</p> <p><b>FLAMINGO Joes</b> BAR &amp; BISTROT</p>
<p>up to \$45 value</p> <p>WELLINGTON Hot Sauce 25% off up to \$45 value</p> <p><b>HOT</b></p>	<p>up to \$30 value</p> <p>WELLINGTON The Garden Hotel 25% off up to \$30 value</p> <p><b>THE GARDEN</b> HOTEL</p>	<p>up to \$50 value</p> <p>UPPER HUTT KuKu Restaurant 25% off up to \$50 value</p> <p><b>KUKU</b></p>